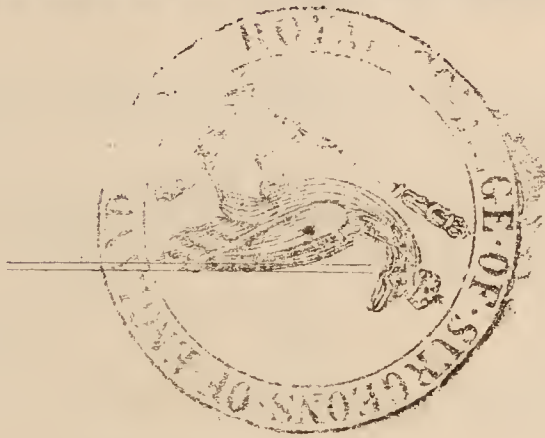


Sussex

COUNTY LUNATIC ASYLUM

HAYWARD'S HEATH.



FIFTH ANNUAL REPORT

FOR

1863.

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COMMITTEE OF VISITORS AND OFFICERS.

1864.

EASTERN DIVISION.

1. The Lord West, 17, Upper Grosvenor Street, London.
2. Blaauw, William Henry, Esq., Beechlands, Newick.
3. †Burrell, Walter Wyndham, Esq., Cuckfield.
4. Champion, William Henry, Esq., Danny, Hurstperpoint.
5. Carpenter, Charles, Esq., Brighton.
6. Crake, Vandeleur Benjamin, Esq., Hastings.
7. Darby, George, Esq., Markly, Hurst Green.
8. Day, John, Esq., Uckfield House.
9. †Godlee, Burwood, Esq., Lewes.
10. *†Hankey, John Alexander, Esq., Balcombe Place, Cuckfield.
11. *††Norman, John Manship, Esq., Dencombe, Crawley.
12. *††Selater, James Henry, Esq., Barcombe Place, Lewes.
13. *†Sergison, Warden, Esq., Cuckfield Park.
14. †Williamson, Ferdinand Hedworth, Esq., Reedens, Chailey.

WESTERN DIVISION.

1. Aldridge, Major John, St. Leonards, Horsham.
2. Barttelot, Colonel, M.P., Hillyers, Petworth.
3. *††Bigg, Edward Smith, Esq., The Hyde, Crawley, *Chairman*.
4. Borrer, William, Esq., Cowfold, Horsham.
5. Cobbett, John Morgan, Esq., M.P., Edenbridge, Kent.
6. ††Dickins, Charles Spencer Scrase, Esq., Coolhurst, Horsham.
7. Smith, Francis, Esq., Chichester.
8. Goring, Rev. John, Wiston Park, Steyning.

BRIGHTON BOROUGH.

1. Burrows, John Cordy, Esq., Brighton.
2. *†Hollis, William Mellet, Esq., 7, St. George's Place, Brighton.

OFFICERS.

Medical Superintendent.—C. L. Robertson, Esq., M.D.
Captain.—Rev. Henry Hawkins, M.A.
Assistant Medical Officer.—W. V. Browne Esq., M.D.
Clark and Steward.—Mr. S. A. Mortlock.
Housekeeper.—Mrs. Stroude.
Nurse Attendants.—Mr. W. R. Knox, (Male Department.)
Miss Buckle, (Female Department.)

H. JONES,

January, 1864.

Clerk to the Visitors, Lewes.

- * Member of the House Committee.
- † Member of the Finance Committee.
- ‡ Member of the Farm Committee.



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SUSSEX COUNTY LUNATIC ASYLUM, HAYWARD'S HEATH.

FIFTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS, 1863.

Fifth Annual
Report.

To Her Majesty's Justices of the Peace for the County of Sussex, assembled in Quarter Sessions, held at Lewes, in and for the Eastern Division of the said County, on Monday, the 4th day of January, 1864; and at Petworth, in and for the Western Division of the said County, on Thursday, the 7th day of January, 1864, The COMMITTEE OF VISITING JUSTICES OF THE SUSSEX COUNTY LUNATIC ASYLUM, appointed at the Epiphany Sessions, 1863, REPORT:—

THAT the general condition of the Asylum has been exceedingly good and satisfactory throughout the year. The Visitors refer for the details to the Report of the Medical Superintendent, R. ROBERTSON, to whose care and ability they believe this result is greatly owing.

General
condition of the
Asylum.

The financial affairs of the Asylum are in a very satisfactory state, and there is no probability of any increase in the Weekly charge for maintenance, which your Committee have reduced to 10s. per head per week.

Financial state.

Conduct of
Officers.

The conduct of the Officers of the Establishment has been generally good.

Enlargement of
the Asylum.

In the Report presented by the Visitors at the Epiphany Sessions in January, 1863, they felt it their duty to call the attention of the Courts to the insufficiency of the Asylum for the proper accommodation of the number of Lunatics for whom it might be necessary to provide. At the Epiphany Sessions and again at the Easter Sessions at Lewes and Petworth the subject was considered, and at the latter Sessions a Grant was made of a sum of £5000 for increasing the then existing accommodation.

Mr. Card's Plans
approved by the
Commissioners
in Lunacy.

The Visitors put themselves in communication with the Commissioners in Lunacy, and with the assistance of Mr. Card the County Surveyor, prepared Plans which were submitted to Mr. Donaldson, the Architect to the Commissioners in Lunacy, and were revised by him and have since been approved by the Commissioners, and also by the Secretary of State, and Contracts were entered into for carrying the Plans into effect. The buildings are now nearly completed and your Committee have every reason to be satisfied with them as far as the work is already carried out.

A very considerable addition to the accommodation in the number of Patients who can be taken will be made.

The arrangement of the Working details of the Asylum will also be greatly increased and improved, and your Committee venture to hope that the consideration and liberality of the County in sanctioning the increase and improvement of the Asylum will produce results most favorable in a sanitary point of view, and in the efficient and economical management thereof.

In the course of the year an opportunity was afforded of ^{Purchase of} increasing the quantity of Land which had been purchased by ^{Land.} the County for the purposes of the Asylum, and the opportunity appeared so favorable to your Committee that they lost no time in laying the subject before the Courts of Quarter Sessions in both divisions of the County, The recommendation was adopted by the Courts, and authority was given at the October Sessions to your Committee to enter into a contract for the purchase. Your Committee immediately put themselves in communication with the Secretary of State and the Commissioners in Lunacy, who approved of the Contract, and all the necessary arrangements have been made for completing the Purchase at the price of £3000 for the Land, and £459 5s. 6d. for the Timber, Your Committee have made application to the Exchequer Loan Commissioners for the advance of the money on Mortgage of the County Rates, but they required Interest at the rate of 5 per cent., and your Committee have succeeded in getting the advance at $4\frac{1}{2}$ per cent., which they consider reasonable, and will apply at the present Sessions for the Mortgage Deeds to be signed.

Your Committee by the liberality of BURWOOD GODLEE, ^{Occupation of} Esq., J.P., of Lewes, who purchased the Farm in order to give ^{New Land.} the County the opportunity of purchasing it from him at the same price which he gave for it, have been allowed to take possession and are now in the occupation of the Land.

(Signed) EDWARD SMITH BIGG,
Chairman of the Committee.

HAYWARD'S HEATH,
19th December, 1863.

SUSSEX LUNATIC ASYLUM.

FIFTH ABSTRACT OF CAPITAL ACCOUNT.

BUILDINGS, &c.

	£	s.	d.
Enlargement of Building, Payment on account of.....	1,700	0	0
Architect's Commission	33	12	0
	<hr/>		
	1,733	12	0

ESTABLISHMENT CHARGES.

Cost of Mortgage Securities	31	15	6
	<hr/>		
	1,765	7	6
Amount expended to Epiphany Sessions, 1863	85,573	1	7
	<hr/>		
Total Payments to Epiphany Sessions, 1864	£87,338	9	1
	<hr/>		

	£	s.	d.
Amount of Loans raised : Eastern Division..	60,970	0	0
Western Division.	30,030	0	0
	<hr/>		
	91,000	0	0
Amount received for Rent and Timber	438	14	8
	<hr/>		
	£91,438	14	8
	<hr/>		

1863. December 19th. The Accounts, of which the foregoing is an Abstract, have been Examined and Audited by us, and found correct.

(Signed)

EDWARD SMITH BIGG,
JOHN MANSHIP NORMAN.

REPORT
OF
THE FARM COMMITTEE,
1863.

THE Farm Committee are happy again to give a favourable report of the Asylum Farm, during the present Year,

The Profits of the Farm, this Year, have in some degree, been lessened by expenses contingent on the increased area now under cultivation, and also by a dry season affecting the root crops.

The Employment of the Patients on the Farm, has proved of great value, as a curative means.

The purchase of Additional Lands has been sanctioned by the Courts of Quarter Session in East and West Sussex, and the Committee are led by past experience, to expect ultimately a

sensible diminution in the weekly cost of maintenance of each Patient, by the increased supplies of produce from the Asylum Farm.

The Farm Produce of the year, has been, viz. :—Mangold, 20 $\frac{1}{2}$ tons; Carrots, 30 $\frac{1}{2}$ tons; Hay, 37 tons; Oats, 89 $\frac{1}{2}$ qrs.; and Straw, 1,750 trusses.

(Signed)

EDWARD SMITH BIGG.

JAMES H. SCLATER.

F. HEDWORTH WILLIAMSON.

JOHN MANSHIP NORMAN.

HAYWARD'S HEATH,

December 19th, 1863.

FARM AND GARDEN ACCOUNTS,

Dr. From 1st January to 31st December, 1863. Cr.

Purchase of—	£	s.	d.	£	s.	d.	By Sale of—	£	s.	d.	£	s.	d.
1 Horse	32	0	0				Calves	14	0	0			
13 Cows	201	0	0				Hides and Fat.....	14	14	9			
Sharps and Bran.....	294	10	8				Use of Stock	1	6	6			
Seeds and Plants.....	75	7	5				Keep of Sheep.....	14	14	0			
Oats, Beans, &c.	2	11	0				Vegetables	4	15	0			
Straw	123	0	3				Poultry	1	19	0			
Hay.....	16	0	0				Grass, &c.	2	5	3			
Oil Cake	61	2	3				Discount	2	19	6			
Manure	68	3	9								56	14	0
Labour	261	19	8				<i>By Produce supplied to House.</i>						
Sundries	31	15	1				7,344 lbs. Beef per con-						
Swedes	15	0	0				tract price.....	209	2	3			
Carrots	33	6	8				12,527 „ Pork do.	357	0	0			
Implements	76	3	8								566	2	3
Sewage Pipes	45	1	0				12,976½ gals. Milk at -/10	540	13	11			
				1,337	1	5	4,206 Eggsat -/1	17	10	6			
Rates and Taxes	42	4	5				Poultry	11	3	4			
1616 Bushels of Grains							2,558½ lbs. Butter, from						
at 4d. per bushel..	26	18	8				milk—not charged						
Estimated Rent on Land	80	0	0								569	7	9
				149	3	1	2,290¼ bus. Cabbage at -/9	85	17	8			
							„ Carrots, at /	4	13	0			
							445 „ Parsnips at 2/-	44	10	0			
							462¾ „ Turnips at 1/-	23	2	9			
							1,136½ „ Potatoes at 3/-	170	8	9			
							Peas and Beans	21	11	7			
							Salad	13	6	6			
							Onions	12	16	10			
							Other Vegetables	33	13	9			
							Herbs	0	14	9			
							Fruit	7	0	8			
							Vegetables supplied to						
							Superintendent	12	11	8			
											429	17	11
							Carting				57	19	6
											£1,680	1	5

Net Surplus 193 16 11

£1,680 1 5

Cash Received and Produce supplied £1,680 1 5

Cash Paid on Account of Farm..... 1,337 1 5

Gross Surplus £343 0 0

ESTIMATED VALUE OF FARM STOCK.

	£	s.	d.
20 Cows	280	10	0
5 Horses	129	0	0
7 Breeding Sow Pigs	26	0	0
1 Boar	4	10	0
30 Fattening Pigs	89	10	0
46 Store ditto	36	15	0
60 Head Poultry	4	17	0
	571	2	0
Dead Stock, Implements, &c,	230	14	0
Tenants' Dues and Property	396	16	6
	£1,198	12	6*

Examined by Farm Committee, January 30th, 1864.

(Signed) EDWARD SMITH BIGG, *Chairman.*
 JAMES H. SCLATER.
 JOHN MANSHIP NORMAN.
 F. HEDWORTH WILLIAMSON.

(Signed) S. A. MORTLOCK,
Clerk and Steward.

* The above valuation made by Mr. J. Agate of Slaughtam.

THE
MEDICAL SUPERINTENDENT'S FIFTH
ANNUAL REPORT.

THE Medical Superintendent has the honour to submit his Fifth Annual Report to the Committee of Visitors.

On the 25th December, 1862, the numbers in the Asylum were 242 Male, 258 Female ; Total 500.

Numbers on
the 25th
December,
1862.

The Admissions during the year have been, Male, 61, Female, 22 ; Total, 83.

The Discharges during the year have been, Male, 55, Female, 22 ; Total, 77.

The Deaths during the same period have been, Male, 28, Female, 15 ; Total, 43.

The mean Population, resident during the year, has been 235 Male, 256 Female ; Total, 491.

Mean Annual
Population.

The numbers in the asylum to-day (December 25th, 1863), are 220 Male, 243 Female ; Total, 463.

Numbers this
day, 25th
December, 1863.

Numerical
Results of the
Year, and also
since the Opening
of the Asylum.

These several Numerical Results are summed up in the first Table in the Appendix to this Report. A similar statement of the total numerical results since the opening of the Asylum, will be found in Table II.

Annual per
Centages.

The Numerical Results of the year 1863 yield the following per Centages :—

a. The Recoveries (including the cases discharged relieved) are 53·0 per cent. on the Admissions of the year. Excluding those cases relieved, the per centage of Recoveries stands at 39·0.

b. The mean annual Mortality is Male, 11·9, Female, 5·9 ; Total, 8·7 per cent.

Cause of
Variations in
Numerical
Results.

The per centage of the year's results has been materially modified by two unusual circumstances. In the first place, the removal in September of 36 sailors to the Naval Lunatic Hospital at Yarmouth, of whom 8 were discharged from here relieved, has increased the proportion of Discharges over the Admissions, much beyond the annual average. Again, the closing of the Female Wards during the additions now making to the building, has lessened the average number of admissions and so tended to increase the proportion of recoveries, as calculated on the admissions ; while the absence of recent acute cases has reduced the mortality on the Female Side. Another illustration, is thus afforded, of how little value for a comparative judgment such statistics are, unless the detailed history of the Asylum is at the same time considered.

Fallacy of
Statistics.

Without the explanations, here given, the per centages of the Cures and Deaths of 1863, would alike appear too favorable,

and could not justly be compared with similar results in County Asylums, free from these chance-disturbing elements of a large discharge of Patients relieved and a reduction in the admissions by the temporary closing of the Female Wards.

Great additions have (at the suggestion of the Commissioners) been made to the furnishing of the Wards, by placing in them small articles of furniture, pictures, plants, birds, &c., &c. The Medical Superintendent has observed the same rule with all the Wards, including the so-called Refractory, and the most unqualified success has followed the experiment. In no single instance has any picture, plant, or bird, been injured by the Patients. He also ventures to remind the Visitors of the improved condition of the Patients in Wards Nos. II. and VI., suffering under the chronic forms of the disease, as contrasted now with their state of violence and insubordination at the time of their transfer from the London Licensed Houses. It thus seems worthy of record here, that during the year 1863, only three panes of glass, in all, have been wilfully broken by the Patients.

State of the
Wards.

In the Report of the Commissioners in Lunacy for 1863, the following valuable remarks occur on this subject, and which, the Medical Superintendent can from his experience at the Sussex Asylum most fully confirm :—

“ Generally we have to record during the past year as to Public Asylums, an increased attention on the part of those responsible for the care of the Insane, to the necessity, not only of providing them with means for employment and recreation out of doors, but of surrounding them in their Wards with small comforts of domestic furniture; making their dormitories more homelike by a trifling outlay on carpeting and curtains, and putting into their Galleries and Day-rooms pictures and objects of ornament of an inexpensive kind,

Extract from last
Annual Report
of the Commis-
sioners in
Lunacy.

“ which may serve to engage their attention, occupy their thoughts,
 “ and exercise them in habits of care and self-control.

“ The reasoning that would prescribe and justify in this respect, a
 “ total absence of everything not strictly necessary, is now very little
 “ used. We have much less frequently to reply to the argument, that
 “ the poor have not carpets and curtains in their homes. It is pre-
 “ cisely because their homes too frequently are wanting in them, as
 “ well in sufficiency of food, that, hardly less than the better and more
 “ ample diet, these trifling luxuries are wanted in Asylums.

“ We think it important thus publicly to state, that this argument is
 “ directly opposed to the wide and various experience acquired by the
 “ Members of this Commission during many years incessant observation
 “ of all the Asylums in the kingdom. There are individual exceptions,
 “ no doubt; but it is not within our experience, that, as a class, any
 “ portion of the Insane are ever reduced so low as to be capable of some
 “ measure of improvement. Nor is it less certain, that improvement of
 “ any kind will never be effected in the worse Patients, by associations
 “ belonging to the habits that have degraded them. Influences directly
 “ contrasting with those habits constitute the only chance of redemption.
 “ It is upon the endeavour to open to them, in their darkened and
 “ deplorable condition, that glimmering prospect of something better,
 “ from which humanity is never entirely shut out, that the chief expect-
 “ tation must rest, of at last arousing in them anything allied to self-
 “ respect. This is the basis of all amendment, and it is for this that
 “ increasing effort should be made.”

Attendants.

The Commissioners in Lunacy in their last Annual Report refer, also, to the importance of securing the continued services of competent Attendants and Nurses, by liberal wages, suitable accommodation, and sufficient means of relaxation; and they dwell on the paramount importance of endeavouring to obtain for all Nurses and Attendants these inducements for good conduct. The Medical Superintendent desires to acknowledge the liberality which the Visitors have shown in this respect, and

which has obtained for the Sussex Asylum a staff of Attendants and Nurses equal to that of the best conducted County Asylums.

The changes during the past year have been few. In no instance has the Medical Superintendent been called upon to discharge any Attendant or Nurse for neglect of duty. A suggestion of the Commissioners to allow Board Wages during the ten days' yearly leave given to the Nurses has been granted this year by the Visitors.

The Medical Superintendent would herein refer to the able Night Duty. manner in which the Night Duty has been performed, and which has reduced the average of wet beds to two on the Male side and five on the Female; while of dirty beds there are rarely any, and of torn bedding, none. The saving of the wear and tear of bedding, thus effected, is considerable.

The Roman Bath—noticed in the Third Annual Report as The Roman Bath. Remarkable Cure by its Use. having been built here—continues a valued addition to the curative agencies of the Establishment. The Medical Superintendent records in an Appendix to this Report, a history of the remarkable cure effected by the use of the Roman Bath in the case of M. W., No. 720, admitted on the 23rd of February, 1863, with symptoms of Mania, complicated with Dropsy and Albuminuria (Bright's disease of the Kidneys) and where the treatment resulted in apparent restoration of both mental and bodily health. The Patient is now employed in the Carriage Factory of the London and Brighton Railway, earning 33s. a week.

The Medical Superintendent continues to receive the most Patients' Amusements. efficient aid from the Head Attendant (Mr. Knox) in the

arrangement of the Patients' Amusements. The celebration of the Fourth Commemoration Day (July 25) was attended by several of the Visitors, and gave general satisfaction to the Patients. The Winter Balls and Summer Pic-nics have been systematically carried on; a Monthly Concert has been added and the Asylum Band has been improved in strength and quality. In order to break the monotony of the Asylum on Sunday the Medical Superintendent continues to send out large walking parties into the country; and he has further, in the evening, sent the Band to the Female Wards to perform Sacred Music.

Classes.

The Classes systematically carried on, are—

- | | |
|---------------|---|
| Twice a Week. | { 1. Male Class for Elementary Instruction
including Writing.
2. Female Class for the same. |
| Once a Week. | |
| | 3. Singing Class. |

The Singing Class is conducted on the Hullah system, by Mr. White, of Brighton.

The average numbers attending these Classes are given in Table VI. appended to this Report.

The Use of the Sewage.

The whole of the Sewage of the Asylum has now for two years been applied to the grass land of the Farm, on the plan recommended by Mr. Alderman Mechi. Although the unfiltered sewage flows over the grass land within 225 yards of the Asylum, and of the Medical Superintendent's lodging, not the slightest smell or inconvenience has been felt. The only precaution used has been the daily addition of a small quantity of Carbolic Acid and Quick Lime to the tanks.

The Medical Superintendent submits for the information of ^{The Maintenance Charge.} the Visitors, a comparative statement (see Table IX.) of the detail expenditure on the Maintenance Account of four County Asylums, similarly situated as regards position (vicinity to London, which so influences wages) and average population. These Asylums are—the Essex Asylum, at Brentwood; the Oxford Asylum, at Littlemore; the Three Counties' Asylum, at Harlesey, Hitchin; and the Sussex Asylum. He has also added, for comparison, a fifth to the list,—the East Riding Asylum, near York, probably the cheapest conducted Asylum in England. The Medical Superintendent desires to acknowledge his obligation to Mr. Mortlock, Clerk and Steward of the Asylum, for the care and time he has bestowed on the compilation of this Table.

With reference to the comparative Maintenance Cost of the Sussex Asylum, as shewn in this Table, the Medical Superintendent desires to observe:— ^{Remarks on this Table.}

1. That while the cost of Provisions, 5s. 2½d., is less than the Essex Asylum by 2d., than the Three Counties by 4½d., and only 1d. in excess of Littlemore, it is 7¼d. in excess of Worcester, and 9¼d. in excess of the East Riding. The difference is mainly in the two items of Tea, Coffee, and Cocoa, and of Beer. While the expenditure in the Essex and Sussex for Tea, Coffee, and Cocoa, is identical, and in the Three Counties is £100 higher, there is a reduction in this item of £232 in the East Riding, and of £143 at Worcester. Again, in the item of Beer, while the expenditure at the Essex and Sussex is nearly alike and is £120 higher in the Three Counties, at the East Riding there is a saving of £458 on this article of diet, making a difference on the rate of 4½d.

2. The House Expenses at the Sussex Asylum are in excess of any other Asylum in the Table. This is accounted for by the large sum of £460 spent in furnishing for the increase of Patients admitted during the year—a sum charged more justly in the Worcester and East Riding Asylums to the County Rate. This item is further raised by the cost of Fuel at Hayward's Heath, which is £1,187 as compared with £656 at Worcester, and £837 at the Three Counties. The Medical Superintendent believes that the alteration in the Steam Boiler and Heating Apparatus, now in hand, will reduce by £200 this heavy charge.

3. The Clothing at the Sussex Asylum is high, 10d.; being double that of the Essex. This high cost of Clothing in 1862 was caused by the whole expense of the outfit for the increased number of admissions being charged on the Maintenance Account of the year, to the relief, again, of the County Rate. The ordinary expenditure for Clothing ought not to exceed 6d.

4. The great difference, however, between the East Riding (the cheapest Asylum in England) and the other Asylums in this Table, lies in the profits resulting from the admirable management of their Asylum Farm. The Medical Superintendent spent a day at the East Riding Asylum in 1862, and he desires to bear his personal testimony to the fact, and to the accuracy with which the Farm Accounts are kept. The East Riding Asylum Farm, which has 133 acres under cultivation, is a model. It is rich land, valued at £3 an acre, and has not been sixteen years under cultivation by the Lunatics. The profits on that Farm reduced the Maintenance Rate by 11d. per patient, while at the Sussex the profit was only 4½d. At the Three Counties, the Farm profits on 233 acres amounted

s. $3\frac{3}{4}d.$ —an encouraging fact for the advocates of the extension of Asylum Farms.

The Medical Superintendent would in conclusion observe, that a careful study of this comparative Balance Sheet will show how just and fair the expenditure at Hayward's Heath has been, while it further leads him to anticipate a considerable reduction in the Maintenance Cost of 1864, or when the extraordinary charges for New Furniture and New Clothing (and which the Visitors have hitherto charged on the Maintenance account) have ceased to arise.

(Signed) C. L. ROBERTSON, M.D., CANTAB.,
Medical Superintendent.

HAYWARD'S HEATH,
December 25, 1863.

[*Appendix—Tables, &c.*

APPENDIX

TO THE

MEDICAL SUPERINTENDENT'S REPORT.

A CASE OF MANIA, WITH ALBUMINURIA, CURED BY THE ROMAN BATH.

BY C. L. ROBERTSON, M.D., CANTAB.; Medical Superintendent of
the Sussex Lunatic Asylum, Hayward's Heath.

(Reprinted from the "*British Medical Journal*," February 27, 1864.)

M. W. (No. 720) was admitted at Hayward's Heath on
February 23rd, 1863.

History. He was married, aged fifty; was coachmaker at the Brighton Railway works; a man of intemperate habits. He was stated to have shown symptoms of mental disease for a twelve-month, with a tendency to suicide. There was no hereditary taint.

State on admission; a. Bodily. He was very weak, The tongue was furred and tremulous; the whole frame in a state of tremor. He was restless, and did not sleep. *b. Mental.* The mind was quite confused; he was unable to understand or answer questions. There was difficulty of articulation. He was unable to tell his name; was disposed to be destructive and dirty.

February 25. Want of sleep and restlessness continued. He was very nervous and tremulous. Pulse, feeble, 90; pupil contracted. He ate slops. He was ordered to have a glass of whisky at bed-time, and to be packed in the wet sheet for two hours, with two cold pails afterwards.

March 2. He had improved rather under the treatment; pulse 72; tongue cleaner; pupils contracted. The mind was incoherent; memory deficient. He was very restless—taking down the pictures; and was disposed to be dirty in his habits.

March 18. He was not so well. Pulse 120; face pale; surface cold. Restlessness increased; he was incoherent and noisy. The packing and cold pails were omitted, and a drachm and a-half of the sedative mixture* ordered to be given at bed-time, and he was directed to continue the whisky and extra food (chops, porter, and ordinary diet), of which he ate well; and to have an occasional warm bath for half-an-hour at bed-time.

May 10. He had lost ground; the restlessness and incoherence continued. He was noisy at night; his habits were dirty; he was feebler. Œdema of the legs had set in. The urine† was found laden with albumen; abundant in quantity; specific gravity, 1025; clear, no deposit. The heart was healthy; pulse 110. He was rambling in his conversation; he spoke also of his strength and ability, and that he would build me a carriage, and provide four horses for it, and drive it himself. He was very troublesome, secreting things, etc. He was ordered to have the Roman bath at 150°; to omit the sedative mixture.

* The following is the formula of the sedative mixture.—R. Tincturæ Digitalis; tincturæ Cannabis Indicæ, liquoris Opii (Taylor), Ætheris chlorici, singulorum unciam. Dose 3ss to 3j.

† Unfortunately, the urine was not microscopically examined.

He was so feeble that he could hardly stand. He had to be carried to the bath. The skin acted feebly; pulse 70, on his return.

May 21. The Roman bath was continued twice a week at 170°. The skin acted better. He was still very feeble. The oedema of the legs was less. His mind was no better; he had delusions, and was incoherent. The albumen was less in quantity.

June 17. He was in every way better. His conversation was more rational. He was gaining strength daily. He still entertained rather an exaggerated idea of his ability and strength, and had a propensity to secrete and collect trash as before. He was ordered to continue the Roman bath twice a week, and to go to the carpenter's shop. The oedema of the legs was quite gone. His appetite was hearty. Albumen was slightly present only.

October 5. A steady improvement had taken place. There had been no trace of albumen for some weeks in the urine. He was convalescent. The mind was clear and rational. He worked steadily in the carpenter's shop, and was allowed to go about the premises alone, satisfied with his position and care, and prospect of discharge.

November 30. He was discharged on trial for a month. During the month, he came to Hayward's Heath to ask for a Roman bath. I found him sound in mind and body, and working for the Brighton Railway Company, in their carriage factory, at thirty-three shillings a week.

December 30. He was discharged cured.

REMARKS.

The therapeutic uses of the Roman bath have yet to be studied. I believe them to be very great. Of its curative power in the early stages of phthisis I have had several examples, and I can confirm all that Dr. Leared reports of its action in the early stages of that disease. I long to see the Roman bath fairly tried in zymotic diseases. I believe, if used at sufficiently high temperatures (170° - 200°), the results will astonish us all. If anything ever can cure hydrophobia, it will be the Roman bath at 200° , continued for many hours.

Yet, strange to say, although three years have now elapsed since it was fairly and fully brought to the notice of the profession by Mr. Erasmus Wilson, and although the public are building baths, and using them eagerly and ignorantly, no London hospital has thought it worth while to add this potent agent to its armoury. The Newcastle Infirmary, and the Sussex and Devon Lunatic Asylums, are the only hospitals in England (so far as I know) provided with a Roman bath.

In the *Journal of Mental Science* for July 1861, I gave an account of the Roman bath at Hayward's Heath. A similar bath, capable of accommodating six bathers at a time, can be built for £150 to £200 complete. The cost of heating it is about one shilling a day. In the same Journal, for July 1862, I published some cases of melancholia (with refusal of food) successfully treated by the Roman bath, and I have since then regularly used the bath in my practice at Hayward's Heath.

In the case above recorded, I have little doubt that the Roman bath saved the patient's life, and restored him to reason. He

steadily lost ground until he began its use; the delusions increased; the bodily health gave way; œdema of the limbs set in, and he was so weak that he had to be carried to the bath, and could hardly stand when he came up from it. In six weeks he was at work at his trade; and in six months he was discharged from the Asylum sound in mind and body, and able to earn a comfortable living. This cure was the only possible result which I did not foresee. I thought first that the case was tending to permanent dementia; then it looked as if general paresis of the insane would be the end; then it seemed as if he were to die from dropsy and albuminuria. I cannot but think that the Roman bath was the agent which rescued him from all these perils, and restored him to health of mind and body. The danger which awaits him is a recurrence of the disease should he revert to his intemperate habits.

[*Tables.*

TABLE I.

Shewing the Admissions, Re-Admissions, Discharges, and Deaths, from Dec. 25, 1862 to Dec. 25, 1863.

				Male.	Female.	Total.
In the Asylum, December 25th, 1862 .				242	258	500
	M.	F.	T.			
Admitted for the first time during the year .	59	22	81			
Re - Admitted during the year	2	0	2			
Total admitted				61	22	83
Total under care during the year				303	280	583
Discharged or Removed :—						
	M.	F.	T.			
Recovered	13	19	32			
Relieved	9	2	11			
Not Improved . .	33	1	34			
Died	28	15	43			
Total Discharged and Died during the year				83	37	120
Remaining in the Asylum, December 25th, 1863				220	243	463
Average numbers resident during the year				234·9	256·29	491·19

TABLE II.

Shewing the Admissions, Re-Admissions, Discharges, and Deaths, for the Period from the Opening of the Asylum, 25th July, 1859, to the 25th December, 1863.

	Male.	Female.	Total.
Patients Admitted during the period	440	413	853
Re-Admissions	5	12	17
Total Cases Admitted	445	425	870
	M.	F.	T.
Recovered	48	79	127
Relieved	16	12	28
Not Improved ..	55	24	79
Died	106	67	173
Total Discharged and Died during the period	225	182	407
Remaining, December 25th, 1863 ..	220	243	463
Average number resident during the period	185·49	210·84	396·33

TABLE III.
A HISTORY OF THE DISCHARGES DURING THE YEAR ENDING CHRISTMAS DAY, 1863.

No. of Patient.	Date of Admission.	Date of Discharge.	Age on Discharge		DURATION OF DISORDER ON ADMISSION.				MENTAL AND PHYSICAL STATE ON ADMISSION.				CIVIL STATE ON ADMISSION.			APPARENT OR ALLEGED CAUSE.	Result.	REMARKS.
					Age at First Attack.	Number of previous Attacks.	Duration of present Attack.	Class in reference to Duration.	Form of Disease.	Particular Propensities or Hallucinations.	Original Intellect and Disposition.	Bodily Complications or Disorders.	As to Marriage.	As to Religious Persuasion.	As to Occupation and Education.			
			Male.	Female.														
106	April 25th, 1862	Dec. 29th, 1862		27	23	Third	1 Month	III.	Recurrent Mania	Suicidal	Good		Single	Church of England	Domestic Servant	Previous attack	Recovered	
108	Nov. 27th, 1862	Jan. 3rd, 1863	36		35	Third		III.	Mania		Fair		Single	Church of England	Labourer	Intemperance	Recovered	A wandering Lunatic
135	June 14th, 1862	Jan. 5th, 1863	43		40	Second	4 Days	III.	Mania	Suicidal	Good		Widower	Church of England	Surgeon	Domestic affliction	Recovered	Was previously out on two month's trial, with an allowance of 10s. per week
185	Oct. 15th, 1862	Jan. 6th, 1863	26						Mania				Single	Church of England	Labourer	Intemperance	Recovered	A wandering Lunatic. No information
162	Aug. 23rd, 1862	Feb. 3rd, 1863	46		42	Second	1 Week	III.	Melancholia	Suicidal	Fair	In reduced health	Married	Church of England	Shoemaker	Pecuniary difficulties	Recovered	Was previously out on a month's trial, with an allowance of 10s. per week
21	July 2nd, 1860	Feb. 16th, 1863	26		23	First	3 Years	IV.	Dementia	Destructive	Good	Dirty in his habits	Single	Church of England	Gentleman	Sun stroko	Not Improved	A Private Patient. Removed to another Asylum
3	Oct. 29th, 1859	Feb. 16th, 1863	27		24	First	5 Years	IV.	Dementia		Good		Single	Church of England	Clerk	Hereditary	Not Improved	A Private Patient. Removed to another Asylum
32	July 25th, 1861	Feb. 24th, 1863	27		44	First	1 Year	IV.	Mania (General Paralysis)	Destructive	Good	Dirty in his habits	Married	Church of England	Grocer	Mental anxiety	Not Improved	A Private Patient. Removed to another Asylum. Has since been readmitted as a Pauper
167	Nov. 24th, 1862	March 2nd, 1863		46	46	First	2 Months	I.	Mania		Fair		Married	Church of England	Labourer's Wife	Climacteric period	Recovered	
150	July 29th, 1862	March 4th, 1863	46		46	First	1 Month	I.	Acute Mania	Destructive	Good	Phthisis	Married	Church of England	Butler	Intemperance	Not Improved	Removed to the Kent County Asylum
125	May 7th, 1862	March 14th, 1863	33		33	Third			Mania		Fair	Loss of eye from Iritis	Single	Church of England	Sailor	Intemperance	Recovered	Was previously out on two month's trial, with an allowance of 10s. per week, and clothing. Sent to Newfoundland.
166	June 12th, 1860	March 21st, 1863	31						Dementia	Destructive	Feeble		Single	Roman Catholic	Discharged Soldier	Intemperance	Not Improved	Removed to another Asylum. A wandering Lunatic. No information
102	Aug. 13th, 1860	March 25th, 1863		59	50	Second	4 Months	III.	Melancholia	Suicidal	Good		Single	Church of England	Nurse	Mental grief	Recovered	Was previously out on six month's trial in one of the Asylum Cottages
159	Aug. 12th, 1862	April 3rd, 1863		52	52	First	6 Months	II.	Melancholia	Suicidal	Fair	In reduced health	Married	Church of England	Labourer's Wife	Mental anxiety	Recovered	
172	Sept. 19th, 1862	April 4th, 1863		58	58	First	6 Months	II.	Melancholia	Suicidal	Fair	Carbuncle (very low)	Married	Church of England	Publican's Wife	Long continued bad health	Recovered	Was previously out on a month's trial
186	Jan. 23rd, 1862	May 19th, 1863		34	35	Second	3 Months	III.	Melancholia	Suicidal	Feeble	In reduced health	Married	Church of England	Labourer's Wife	Hereditary	Recovered	Was previously out on a month's trial
137	June 20th, 1862	May 29th, 1863		42	42	First	10 Days	I.	Melancholia	Destructive	Fair		Married	Church of England	Labourer's Wife	Hereditary	Recovered	Was previously out on a month's trial
149	June 3rd, 1863	June 4th, 1863		19	19	First	3 Weeks	I.	Mania (Recent)	Suicidal			Single	Church of England	Prostitute		Not Improved	Suffering from recent Small Pox. Sent back to Union House
111	Jan. 13th, 1863	June 8th, 1863	30						Mania	Homicidal	Fair	Nearly blind from Uleers [of Cornea	Single	Church of England	Discharged Soldier	Hereditary	Recovered	A criminal Lunatic. Has two uncles at present inmates of this Asylum. Sent back to Rye Jail and there tried for his offence. A malingerer
179	Sept. 27th, 1862	June 22nd, 1863		32	32	First	2 Months	I.	Melancholia		Good	Phthisical	Married	Church of England	Wife of Trunkmaker	Long continued bad health	Recovered	Keeps well
156	Nov. 9th, 1860	July 2nd, 1863		37	30	Second	2 Months	III.	Melancholia	Suicidal	Fair	Hernia	Married	Church of England	Wife of Labourer	Hereditary	Recovered	Her Father and Grandmother were Insane
118	Feb. 14th, 1863	July 4th, 1863	67		67	First	6 Months	II.	Melancholia	Suicidal	Fair		Married	Church of England	Labourer	Mental anxiety	Recovered	
136	June 18th 1862	July 4th, 1863	44		43	First	6 Months	II.	Acute Mania	Suicidal	Fair		Widower	Church of England	Hawker	Death of Wife	Recovered	
177	Dec. 20th, 1861	July 14th, 1863		23	20	Second	5 Months	II.	Mania (Recurrent)		Good		Single	Church of England	Domestic Servant	Hereditary	Recovered	A re-admission. Made a good recovery
155	Aug. 4th, 1862	July 15th, 1863	22		22	First	10 Days	I.	Acute Mania		Feeble	Continued fever	Single	Church of England	Labourer	Typhus fever	Recovered	Keeps well when heard of
101	Dec 1st, 1862	July 30th, 1863		56	56	First	1 Week	I.	Melancholia	Suicidal	Fair		Married	Church of England	Labourer's Wife	Hereditary	Recovered	
140	May 4th, 1863	Aug. 3rd, 1863	31		28	Second	3 Weeks	III.	Melancholia	Destructive	Good	Phthisical	Single	Church of England	Cordwainer	Religious excitement	Improved	Removed to another Asylum
158	Aug. 16th, 1862	Aug. 19th, 1863	41		40	First	6 Months	II.	Mania	Destructive	Fair		Single	Church of England	Labourer	Hereditary	Recovered	Was previously out on a month's trial, with an allowance of 10s. per week, and clothing. A malingerer and a bad character
165	Aug. 29th, 1862	Aug. 25th, 1863		20	19	First	2 Months	I.	Melancholia		Good		Single	Church of England	Domestic Servant	Hysteria	Recovered	Keeps well when heard of
152	June 9th, 1863	Sep. 4th, 1863	21		21	First	1 Week	I.	Acute Mania	Suicidal	Fair	Hæmorrhagic Diathesis	Married	Protestant Dissenter	Labourer	Anxiety about employment	Recovered	Nearly died from repeated Hæmorrhage from the gums, after the extraction of a tooth
199	March 17th 1862	Sep. 12th, 1863		24	25	First	1 Month	I.	Acute Mania	Suicidal	Good		Single	Church of England	Domestic Servant	Fright	Recovered	Was previously out on six month's trial in one of the Asylum Cottages, and two months with her friends
216	Sept. 1st, 1859	Sep. 15th, 1863		52	48	First	10 Days	I.	Melancholia	Suicidal	Fair	Hernia	Widow	Church of England	Nurse	Death of Husband	Recovered	Was previously out on trial two months
192	Nov. 12th, 1862	Oct. 6th, 1863		48	48	First	10 Days	I.	Melancholia	Suicidal	Fair		Married	Protestant Dissenter	Labourer's Wife	Religious excitement	Recovered	
148	July 26th, 1862	Oct. 8th, 1863	28		27	First	3 Months	I.	Dementia (Acute)	Suicidal	Fair		Single	Church of England	Barman	Intemperance	Recovered	
134	June 7th, 1862	Oct. 10th, 1863		33	32	First	2 Months	I.	Acute Mania	Violent	Good	Hernia	Married	Church of England	Sawyer's Wife	Severe mental shock	Recovered	Mother committed suicide [per week
154	June 22nd, 1863	Oct. 20th, 1863		18	18	First	1 Week	I.	Acute Mania		Fair		Single	Church of England	Domestic Servant	Disappointment	Recovered	Was previously out on trial for fourteen days, with an allowance of 10s.
114	Jan. 28th, 1863	Oct. 20th, 1863		23	23	First	3 Months	I.	Acute Mania	Suicidal	Fair		Single	Church of England	Laundry-maid	Disappointment	Recovered	Was previously out on trial for fourteen days, with an allowance of 10s. per week
124	Aug. 23rd, 1860	Oct. 27th, 1863		31	22	First	6 Years	IV.	Melancholia		Good	Phthisical	Widow	Church of England	Inkeeper's Widow	Death of Husband	Improved	Was previously out on two month's trial. To care of her father
148	June 3rd, 1863	Dec. 5th, 1863	18		18	First	1 Week	I.	Acute Mania		Good	Much reduced	Single	Church of England	Clerk	Intemperance	Recovered	[week. Keeps well
195	Nov. 16th, 1862	Dec. 16th, 1863		19	18	First	1 Week	I.	Acute Mania	Suicidal	Good		Single	Church of England	Domestic Servant	Puerperal state	Recovered	Was previously out on trial for ten weeks, with an allowance of 10s. per
193	Feb. 25th, 1862	Dec. 23rd, 1863		60	52	Second	3 Months	III.	Melancholia	Suicidal	Fair		Single	Church of England	Cottager	Previous attack	Recovered	Was previously out on trial for eighteen weeks in one of the Asylum Cottages

In addition to the above patients 36 sailors were transferred to the Naval Lunatic Hospital, Gt. Yarmouth, on the 3rd September, 1863. 40 sailors were admitted here from Haslar on the 12th August, 1861; of these 4 died during the period of their residence here, (see Obituary Tables 1862, Nos. 71 52 72; 1863, No. 41).
Of the remaining 36 transferred to Yarmouth, 8 were returned as improved while under treatment here.

Class I., First Attack, and within 3 Months.—Class II., First Attack above 3, but within 12 Months.—Class III., Not First Attack, and within 12 Months.—Class IV., Cases of more than 12 Months duration.

TABLE IV.
OBITUARY FOR THE YEAR ENDING CHRISTMAS DAY, 1863.

No. in Register.	Date of Admission.		Date of Death.		Age at Death.		DURATION OF DISORDER ON ADMISSION.				MENTAL AND PHYSICAL STATE ON ADMISSION.				CIVIL STATE ON ADMISSION.			APPARENT OR ALLEGED CAUSE.	Cause of Death.	REMARKS.
							Age at First Attack.	Number of previous Attacks.	Duration of present Attack.	Class in reference to Duration.	Form of Disease.	Particular Propensities or Hallucinations.	Original Intellect and Disposition.	Bodily Complications or Disorders.	As to Marriage.	As to Religious Persuasion.	As to Occupation and Education.			
165	Aug. 11th,	1859	Jan. 3rd,	1863		42	36	First	6 Years	IV.	Melancholia	Suicidal	Fair		Married	Church of England	Labourer's Wife	Excessive indulgence in the use of opium	Phthisis	A transfer from another Asylum. Opium-eating cured here by the Roman Bath
525	Aug. 3rd,	1861	Jan. 17th,	1863	42		40	First	3 Weeks	I.	Mania	Destructive	Fair		Married	Church of England	Fisherman	Fright at sea	General Paralysis	A Criminal Lunatic. Dying on admission
712	Jan. 15th,	1863	Jan. 29th,	1863							Mania			In a sinking state, with sloughing ulcers of body	Married	Church of England	Shoemaker	Imprisonment for felony	Mania, with Typhoid symptoms	
552	Oct. 5th,	1861	Feb. 6th,	1863	39		38	First	14 Days	I.	Monomania	Destructive	Fair		Married	Church of England	Decorator	Intemperance	General Paralysis	A transfer from another Asylum
494	April 13th,	1861	Feb. 7th,	1863		51	50	First	6 Months	II.	Melancholia	Suicidal	Feeble		Single	Church of England	Domestic Servant	Dissipation	Gastritis	
613	April 24th,	1862	Feb. 11th,	1863	69		69	First	3 Months	I.	Mania	Destructive	Fair		Widower	Church of England	Shoemaker	Intemperance	General Paralysis	
83	July 28th,	1859	Feb. 14th,	1863	64		52	First	12 Years	II.	Dementia	Destructive	Feeble		Single	Church of England	Labourer	Hereditary	Senile Decay	A transfer from another Asylum
715	Feb. 3rd,	1863	Feb. 28th,	1863	63		63	First	10 Days	I.	Mania	Destructive	Weak	In a sinking state	Married	Church of England	Labourer	Hereditary	Senile Mania	Father, two Uncles, and two Aunts, died Insane
63	July 28th,	1859	March 1st,	1863	33		19	First	14 Years	IV.	Dementia		Feeble	Epileptic	Single	Church of England	Labourer	Hereditary	Epilepsy	A transfer from another Asylum
462	Dec. 11th,	1860	March 7th,	1863		46	44	First	14 Days	I.	Mania	Destructive	Fair	Paralysed	Married	Church of England	Labourer's Wife	Puerperal state	Hemiplegia	
49	July 28th,	1859	March 21st,	1863	38		32	First	6 Years	IV.	Dementia		Weak	Cataleptic	Single	Church of England	Labourer	Hereditary	Phthisis	A transfer from another Asylum
703	Dec. 9th,	1862	March 26th,	1863		57	58	First	10 Days	I.	Mania		Fair	Bronchocele, and loss of left leg	Single	Church of England	Schoolmistress	Long continued bodily pain	Valvular Disease of Heart	
562	Oct. 28th,	1861	March 28th,	1863	59		61	First	1 Month	I.	Melancholia	Suicidal	Fair		Married	Protestant Dissenter	Shepherd	Brain fever, &c.	Melancholia	A Brother died Insane
265	Oct. 18th,	1859	April 3rd,	1863	66		50	First	16 Years	IV.	Mania	Destructive	Weak	Chronic strumous eruption of body	Single	Roman Catholic	Hawker	Hereditary	Hemiplegia	A transfer from another Asylum. A Criminal Lunatic
444	Oct. 17th,	1860	April 5th,	1863	68		63	First	2 Months	I.	Melancholia	Suicidal	Fair		Widower	Church of England	Labourer	Hereditary	Senile Gangrene	Mother died in an Asylum. Brother and Niece also Insane
591	Feb. 24th,	1862	April 14th,	1863	63		62	First	1 Week	I.	Mania	Destructive	Fair		Married	Church of England	Shoemaker	Domestic anxiety	General Paralysis	
243	Sept. 30th,	1859	April 19th,	1863		55	44	First	6 Years	IV.	Mania		Weak		Married	Church of England	Shoemaker's Wife	Hereditary	Phthisis, Pulmonalis	A transfer from another Asylum
681	Oct. 3rd,	1862	April 20th,	1863	60		59		From Birth		Idiocy congenital	Destructive	None	Bronchocele	Single			Hereditary	Decay of Idiocy	
368	June 15th,	1860	May 7th,	1863		66	63	First	4 Days	I.	Dementia	Destructive	Fair	Asthmatic, loss of left eye	Widow	Church of England	Housekeeper	Protracted bodily suffering	Valvular Disease of Heart and Dropsy	
733	March 30th,	1863	May 9th,	1863	51		51	First	1 Month	I.	Dementia	Destructive	Fair	In a typhoid state	Married	Church of England	Labourer	Disease of the brain	Cystitis	
727	March 18th,	1863	May 12th,	1863	45		45	First	7 Days	I.	Mania	Homicidal	Weak	Bronchocele, and ulcer of tongue	Single	Church of England	Labourer	Hereditary	Hemiplegia and Apoplexy	
708	Jan. 6th,	1863	May 15th,	1863		50			Many Years		Chronic Mania	Destructive	Feeble	Chronic Bronchitis and Bronchocele	Single		None	Ill treatment as a child	Heart Disease, decay of and sudden failure of the heart after long continued excitement	
292	Dec. 3rd,	1859	May 18th,	1863		68	62	First	2 Years	IV.	Mania		Fair	Carcinoma of breast	Married	Protestant Dissenter	Field-worker	Protracted bodily suffering	Carcinoma, Mammeæ	A transfer from another Asylum
413	Aug. 14th,	1860	May 30th,	1863	40				Not known		Dementia	Destructive		Epileptic	Single	Church of England	Schoolmaster	Epilepsy	Decay of Epilepsy	
41	Aug. 12th,	1861	June 9th,	1863	47		44	First	3 Years	IV.	Mania Recurrent	Destructive	Fair	Fracture of nasal bone	Married	Roman Catholic	Coast Guard	Intemperance	Mania (re-current)	A Private Patient. A transfer from the Royal Naval Asylum, Haslar
619	April 26th,	1863	July 3rd,	1863	29		28	First	5 Weeks	I.	Mania	Destructive	Feeble		Married	Church of England	Labourer	Hereditary. Injury to head	General Paralysis	Father and Grandfather were Insane
745	May 27th,	1863	July 5th,	1863	45		43	First	2 Years	IV.	Dementia	Destructive	Fair	Paralysed, and in a sinking state	Widower	Church of England	Labourer	Injury to head	Hemiplegia (Mania)	Dying on admission
759	June 27th,	1863	July 17th,	1863	78		78	First	2 Years	IV.	Senile Mania	Destructive	Fair	Chronic Bronchitis. In a sinking state	Married	Protestant Dissenter	Labourer	Atrophy of brain	Senile Decay	
93	Aug. 5th,	1859	July 28th,	1863	42		38	First	6 Months	II.	Mania	Homicidal	Weak	Epileptic	Married	Church of England	Labourer	Epilepsy	Epilepsy—Tubercular Deposit on Omentum and Mesentery	Inquest on body. A transfer from another Asylum
77	July 28th,	1859	July 30th,	1863	28				From Birth		Idiocy congenital	Destructive	None	Deaf and dumb	Single			Original defect	Phthisis	A transfer from another Asylum
654	Aug. 2nd,	1862	July 31st,	1863		46	47	First	6 Months	II.	Monomania	Suicidal	Weak	Affected with scabies	Single	Protestant Dissenter	Dressmaker	Pecuniary difficulties	Phthisis	
642	July 3rd,	1862	Sept. 16th,	1863		55	56	First	1 Week	I.	Melancholia	Suicidal	Good		Single	Protestant Dissenter	Domestic Servant	Dread of the workhouse	Pleuro-pneumonia	Several Relatives are Insane
532	Aug. 15th,	1861	Oct. 29th,	1863	64		64	First	1 Year	II.	Dementia	Destructive	Fair		Married	Church of England	Labourer	Mental anxiety	General Paralysis	
294	Nov. 22nd,	1859	Nov. 5th,	1863							Acute Mania	Destructive	Fair		Single	Church of England	Domestic Servant	Intemperance	Mania — Dilatation of the Heart. Syncope	A Criminal Lunatic
388	July 6th,	1860	Nov. 9th,	1863		79	82	First	7 Years	IV.	Mania Senile		Fair		Widow	Church of England	Domestic Servant	Atrophy of brain	Senile Decay	
661	Aug. 23rd,	1862	Nov. 14th,	1863	25		26	First	11 Years	IV.	Mania	Homicidal	Feeble	Epileptic	Single	Church of England	Labourer	Epilepsy	Epilepsy (sudden)	Was seen by Dr. Browne in the fit, 5 minutes before his death
732	March 30th,	1863	Nov. 20th,	1863	55		55	First	17 Years	IV.	Dementia		Weak	Epileptic	Single	Church of England	Labourer	Epilepsy	Epilepsy; Effusion on Brain	
772	Oct. 9th,	1863	Nov. 26th,	1863	35		35	First	14 Days	I.	Mania	Destructive	Fair	In a sinking state	Married	Church of England	Carpenter	Intemperance	Mania	Dying on admission
164	Aug. 11th,	1859	Nov. 28th,	1863				First	15 Years	IV.	Dementia		Feeble	Epileptic	Single	Church of England	Domestic Servant	Epilepsy	Epilepsy; Ovarian Dropsy	
429	Sept. 4th,	1860	Dec. 7th,	1863	30		33	First	1 Week	I.	Acute Mania	Destructive	Weak		Single	Church of England	Brickmaker	Intemperance	General Paralysis	
779	Nov. 25th,	1863	Dec. 16th,	1863	68		68	First	6 Months	II.	Dementia	Destructive	Fair	In a sinking state (blind)	Widower	Church of England	Coal Porter	Intemperance	General Paralysis	
747	June 2nd,	1863	Dec. 20th,	1863		26	36	Second	18 Months	IV.	Mania Chronic		Fair	Phthisical	Married	Church of England	Wife of Labourer	Previous attack	Phthisis	
448	Oct. 25th,	1860	Dec. 21st,	1863		45	42	First	1 Month	I.	Melancholia	Suicidal, refusal of food	Fair		Married	Church of England	Labourer's Wife	Misconduct of daughter	Caries of Vertebrae	

Class I., First Attack above 3, but within 12 Months.—Class II., Not First Attack, and within 12 Months.—Class III., Cases of more than 12 Months duration.

Class I., First Attack, and within 3 Months.—Class II., First Attack above 3, but within 12 Months.—Class III., Not First Attack, and within 12 Months.—Class IV., Cases of more than 12 Months duration.

Shewing the Admissions, Discharges, Deaths, and Mean Population resident in the several Months of the year 1863.

MONTHS.	Admissions.		Discharges.		Deaths.		Mean Population Resident.	
	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.
January	5	3	3	..	2	1	243	257
February	9	..	4	..	4	1	244	258
March	5	5	3	2	3	2	244	258
April	2	4	..	2	4	1	242	257
May	2	5	..	2	3	3	241	260
June	9	4	1	2	1	..	243	262
July	8	..	3	3	5	1	249	260
August	1	..	2	1	247	258
September	3	..	37	2	..	1	213	255
October	2	..	1	5	1	..	213	251
November	7	1	3	3	214	248
December	6	..	4	2	2	2	218	245

TABLE VI.

Summary of the Admissions, Discharges, Deaths, and Terms of Residence of all the Patients, from the opening of the Asylum July 25th, 1859, to December 31st, 1863 (4½ Years).

ADMISSIONS.	Previously to January 1, 1863.				To December 31, 1863.				REMARKS.
	Recovered and Relieved	Not Improved.	Dead.	Remaining.	Recovered and Relieved.	Not Improved.	Dead.	Remaining.	
Of the Year 1859	307	22	63	216	1	1	11	203	
“ 1860	184	51	24	87	3	2	7	75	
“ 1861	169	26	31	96	9	29	6	52	
“ 1862	129	14	12	102	24	1	8	69	
“ 1863	81	8	1	11	61	
TOTAL	870	113	130	501	45	34	43	460	

TABLE VII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book which is made up from the Ward Returns.)

OCCUPATION OR TRADE.		Daily Average No. of Patients.	REMARKS.
Male Patients.			
Working Party.	With the Gardener and out-door Attendant	45	See Table VIII. <i>c.</i> See Table VIII. See Table VIII. <i>a.</i> See Table VIII. <i>b.</i>
	With the Farm Attendant	9	
	With the Cowman	2	
With the	Carpenter	3	
„	Bricklayer	1	
„	Basketmaker	2	
„	Tailor	13	
„	Shoemaker	13	
„	Matmaker	9	
„	Painter	3	
„	Engineer	2	
„	Baker	2	
„	House Attendant	6	
In Brewhouse and Steward's Stores		2	
In the Wards		39	
In Reading and Writing, &c.		49	
Female Patients.			
In Laundry and Wash-house		45	
In Kitchen		9	
Needlework in Wards		86	
Household Work, &c.		41	
Daily average number employed		382	

ATTENDANCE AT—		DAILY AVERAGE.			REMARKS.
		M.	F.	TOTAL.	
„	Sunday Chapel	174	183	357	} The results of careful night nursing. Little used.
„	Week-day „	104	114	218	
„	School (Twice a week) ..	24	20	44	
„	Weekly Ball or Picnic ..	74	65	139	
„	Monthly Concert	74	69	143	
„	Cricket(4 days a Week) ..	40	..	40	
„	Talks about Grounds	125	135	260	
„	beyond „	70	80	150	
NIGHT REPORT.					
Number of Wet Cases		2	5	7	
„	Dirty „	1	1	2	
„	Noisy (at Night) ..	1	4	5	
Number of Hours Seclusions..		2 hours	1 hour	3 hours	
Average number Resident } (mean Annual Population) }		234.9	256.29	491.19	

TABLE VIII.
TAILOR'S SHOP. *Account of Patients' Work and Earnings for the Year 1863.*

CLOTHING MADE UP.		Number of Articles.	Price of making each Article.		Value of Work.			REMARKS.
			s.	d.	£	s.	d.	
Patients'	Jackets (Cloth)	275	2	9	37	16	3	
"	Trousers (Cord unlined).....	281	1	9	24	11	9	
"	Waistcoats (Cloth)	259	1	3	16	3	3	
"	Ticken Dresses	2	6			
"	Caps	197	0	5	4	2	1	
Mattress Cases	0	6			
Pillow	"	doz.			0	6	11	
	"	10 $\frac{1}{3}$	0	8				
Chair Cushion Cases.....		39	each.		0	6	6	
"	(Leather)	48	0	2	1	16	0	
			0	9				
REPAIRS—								
Patients'	Jackets	580	0	8	19	6	8	
"	Trousers	1249	0	8	41	12	8	
"	Waistcoats	376	0	4	6	5	4	
"	Ticken Dresses	3	0	6	0	1	6	
Deduct Master Tailor's Wages					152	8	11	
					59	6	0	
Total Estimated Profit.....					£93	2	11	

SHOEMAKER'S SHOP. Account of Patients' Work and Earnings for the Year 1863.

ARTICLES MADE UP.	Number of Articles.	Price of work per Article.	Value of Work.	REMARKS.
		s. d.	£ s. d.	
Men's Leather Boots (Nailed)	52	4 0	10 8 0	
" " Shoes.....	91	3 0	13 13 0	
" " Slippers.....	2	1 0	0 2 0	
Women's Leather Boots.....	50	2 0	5 0 0	
" " Shoes	2	1 9	0 3 6	
" " Slippers	1	1 0	0 1 0	
Cloth and Canvas Boots	76½	1 6	5 14 9	
REPAIRS—				
Boots and Shoes repaired	648½	0 8	21 12 4	
" " soled and welted.....	798½	1 6	59 17 9	
Deduct Master Shoemaker's Wages				
			116 12 4	
			59 6 0	
			£57 6 4	
Total Estimated Profits.....				

TABLE VIII.*b*.MATMAKER'S SHOP, *Account of Work for the Year 1863*

Matting (wove, 1 yard wide)	389 Yards.
Do. 18 ins. „	231 „
Diamond Door Mats, No. 1 size	34 No.
Do. do. „ 2 „	49 „
Do. do. „ 3 „	88 „
Do. do. „ 4 „	42 „
Do. do. „ 5 „	13 „
Do. do. „ 6 „	32 „
Do. do. „ 7 „	12 „
Do. do. Out sizes	7 „
Mattresses (Made)	230 „
Pillows (Made)	554 „
Couch Mattress and Bolster (complete)	1 „
Cushions for Chairs and Settees	48 „
Clogs Repaired (for Bath Rooms)	7 „
Canvas Sewn	50 Yards.
Matting Sewn and Bound	24 „

Manufactured Goods sold.....£31 9s. 10d.

TABLE VIII. c.

BASKET-MAKER'S SHOP. *Account of Work for the Year 1863.*

	Made.	Repaired.
Square Baskets	24	4
Bushel „	11	58
1 do. „	3	„
Clothes „	51	35
Work „	6	„
Butter „	4	„
Flower „	16	„
Fruit „	12	„
Bottle „	4	1
Bread „	7	„
Egg „	2	„
Garden „	3	„
Bonnet „	1	„
Brick „	„	2
Sponge „	7	„
Lampers	9	„
Berceau-nettes	5	„
Vicker Chairs	4	2
Child's „	2	„
Cradles „	3	„
Flower Stand	„	1
Doll's Cradle	1	„
Dog Kennels	3	„
Leg Rester	1	„
Bird Cages	4	„
Fire Screens	1	„
Vicker Flats	3	„
Visps	1	„

Manufactured Goods sold, £12, 12s. 3d.

TABLE VIII.*d.*
FEMALE PATIENTS' WORK.

Manufactured and Repaired during the Year 1863.

Name of Articles.	Made.	Repaired
Sheets	115	1266
Pillow Cases	193	2725
Shirts	337	4804
Boys Calico Shirts	284
Men's Stockings	17	5125
Women's do.	3	8172
Blankets	512
Counterpanes	1263
Flannel Jackets	7	697
Do. Drawers	59	643
Shifts	583	5097
Do. Flannel	65	1294
Gowns	241	4046
Bed-gowns	52	2613
Flannel Petticoats	99	2009
Upper do.	166	1825
Aprons and Pinafores	477	4050
Neckerchiefs	745	1600
Pocket Handkerchiefs	487	610
Men's Day Caps	42	14
Women's do.	125	2251
Do. Nightcaps	4	1308
Towels	434	1035
Stays	142	1265
Attendants' Uniform Dresses	45	11
Do. Caps	34
Do. Collars and Cuffs	257	13
Do. Aprons	33
Hoods	97	5
Bonnets	48
Men's Working Frocks	187	58
Women's Capes	2
Table Cloths	16	86
Men's Tick Frocks	4	4
Boot Uppers, bound	83
Window Blinds	142	3
Boy's Trousers	6
Dusters	381	6
Strong Rugs	5
Sundries	123	19
Boot Uppers	27
Boys' Collars	568

TABLE IX.
INCOME AND EXPENDITURE
For the Year ending 31st DECEMBER, 1862, in the undermentioned County Asylums.

INCOME.							EXPENDITURE.						
HEADS OF INCOME.	ESSEX.	THREE COUNTIES.	NORTH AND EAST RIDING, YORK.	LITTLE-MORE.	WORCES-TER.	SUSSEX.	HEADS OF EXPENDITURE.	ESSEX.	THREE COUNTIES.	NORTH AND EAST RIDING, YORK.	LITTLE-MORE.	WORCES-TER.	SUSSEX.
FROM WEEKLY RATE.							FROM WEEKLY RATE.						
Balance in Hand	£ s. d. 1432 4 0	£ s. d.	£ s. d. 1225 12 5	£ s. d. 2018 10 10	£ s. d. 783 4 6	£ s. d. 2625 11 1	Provisions.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
From Unions Contri- buted to the Asylum, for Maintenance.....	12474 6 8	12608 7 0	8294 18 3	13522 5 6	10017 10 10	10025 14 1	By Meat.....	2127 19 10	2020 15 11	2292 15 8½	1500 12 7	1599 5 9
From Unions not Con- tributing to the Asylum, for Maintenance.....	17 16 0	27 2 3	1286 15 6	143 3 2	1629 17 8	Flour	1249 15 0	1233 9 0	1239 11 11	303 7 0	1151 4 0	1289 10 11
From County Treasu- rer for Maintenance.....	392 15 8	289 2 6	344 5 8	234 12 9	Bread	1146 6 3
From Sales from Stores..	219 7 10	Barley, Rice, &c.	30 14 10½	63 4 7	137 10 0	34 16 3½	16 16 2	54 1 7
Private Patients, for Maintenance.....	736 17 7	66 6 3	2012 13 9	Tea, Coffee, and Cocoa ..	431 9 4	437 9 10	199 7 9	275 5 0	289 5 2	431 15 11
To Amount charged on Credit Side, in Excess of Cash paid on Ac- count of Farm	381 2 1½	1588 13 3	1190 17 6	237 18 8	222 2 4	491 1 11	Sugar and Treacle ..	254 19 5	251 3 10	128 7 9	218 12 6	212 18 1	272 18 1
							Sundry Groceries ..	89 17 2½	97 14 6	68 3 10	82 10 4½	98 3 2	53 0 10
							Tobacco and Snuff ..	71 16 2	133 5 4	66 0 8	69 16 2½	110 11 7	80 9 2
							Butter	405 19 7	369 3 3	268 8 11	421 2 10½	191 8 10	202 8 9
							Cheese and Eggs	238 10 11	288 7 7	166 19 7	356 5 5½	132 10 3	218 6 6
							Malt, Hops, and Beer ..	810 7 8	951 17 10	372 8 3	736 18 0	708 10 11	830 16 9
							Potatoes and other Vegetables	56 12 0	265 4 8	29 14 4	53 1 0	65 3 5
							Board Wages.....	30 17 0
							Poultry and Fish	35 6 5	2 15 6	3 6 0
							Milk.....	320 10 10	245 7 5	203 13 9
							Meat.....(from Farm)	249 2 3	23 13 9	1972 9 19	120 9 9	3 9 0	352 17 5
							Milk, Eggs, and Poul- try	262 15 7	514 13 4	202 9 9	692 17 0
							Vegetables	424 12 6½	292 6 1	529 1 3	306 17 4	274 3 4	314 19 1
							Wine and Biscuit, &c.	3 8 2	17 8 1
							Total	6797 14 0½	6942 2 10	5687 3 5	6572 16 6	4993 8 11	6536 10 6
							House and other Expenses						
							By Coals and Coke.....	963 1 11	837 16 10	630 19 7	863 6 0	656 16 9	1187 5 11
							Gas	290 3 6	178 7 4
							Soap	156 19 1	219 4 3	127 10 0	229 5 3	175 2 0	149 12 9
							Starch, Soda, &c.	79 10 2½	194 17 3	49 8 9	96 18 11	128 12 7	133 7 2
							Candles and Oil.....	10 17 6	16 9 9	34 4 9	229 19 10½	17 4 8	42 14 3
							Furniture, Bedding, Linen, &c.	437 10 10	307 0 0	341 10 4	377 10 10½	247 18 6	460 13 6
							Ironmongery, &c.....	114 9 6	40 19 6	32 18 3	22 6 1	115 3 7	71 19 2
							Brooms, Brushes, &c.	50 6 8	42 5 8	29 14 5	107 5 3	45 10 7	67 3 10
							Earthenware and Glass	46 8 2	88 10 2	16 12 6	34 4 0	37 19 2	51 5 9
							Rates and Taxes	0 15 0	31 5 11	40 7 8
							Stationery, Postage, &c.	97 13 11	23 8 2	45 3 9
							Printing, Advertise- ments, &c.	29 9 4	66 6 2	136 17 10	199 11 3	253 2 7	45 3 10
							Carriage of Goods and Conveances	41 8 4	10 8 4	46 12 1	16 7 2	87 10 1
							Funeral Expenses.....	33 6 0	0 11 2	45 13 6	52 3 7	37 7 4	37 0 6
							Periodicals, Books, and Amusements ..	55 19, 11	75 9 8	4 17 3	42 14 3	70 17 1
							Retaking Patients....	1 17 9	1 2 0	17 12 8	0 4 6
							Patients on Trial.....	3 18 0	25 17 0	6 0 0	38 0 9
							Wood	2 4 0	*2 0 0	28 2 6
							Carting	6 7 6	77 13 9	147 13 2	62 11 3
							Straw	170 0 0
							Sundries	15 6 0	1 5 6
							Total	2379 1 0½	2003 1 4	1367 4 9	2300 10 5	1791 11 10	2591 11 9
							By Clothing	533 14 7	898 3 8	423 3 9	925 5 3	732 19 0	1067 13 11
							Salaries and Wages.						
							By Officers	1277 10 0	1270 0 0	1361 10 0	1094 15 0	998 1 7	1100 0 0
							Attendants and Ser- vants	1414 19 5	1221 8 1	838 7 2	1087 8 3	970 13 4	1562 14 10
							Total	2692 9 5	2491 8 1	2199 17 2	2182 3 3	1968 14 11	2662 14 10
							Medicine.						
							By Drugs, Instruments, &c.	67 0 8	53 14 3	46 18 9	46 5 1	182 7 0	72 18 4
							Wine, Spirits, and Por- ter	108 15 0	93 13 0	208 13 0	60 7 9	180 9 9	218 10 7
							Total	175 15 8	147 7 3	255 11 9	106 12 10	362 16 9	291 8 11
							By Incidentals	597 9 6½	55 11 10	111 6 10	7 11 1	78 10 4	83 18 10
							Removal of Patients..	4 7 3	11 1 3
							Total	597 9 6½	59 19 1	111 6 10	7 11 1	78 10 4	95 0 1
							Maintenance of Pa- tients in other Asy- lums.....	1181 12 11
							Arrears on Mainte- nance Account not pertaining to this year	45 3 0
							Balance due to Treas- urer, Dec. 31, 1861..	1209 3 0
Total from Weekly Rate, &c.	14698 4 5½	14513 5 0	12989 6 11	15778 15 0	11451 14 11	14394 0 2	Total from Weekly Rate	12636 4 2½	13751 5 3	10644 7 8	13336 12 3	9973 4 9	13235 0 0
FROM COUNTY RATE.							FROM COUNTY RATE.						
Repairs.							Repairs.						
Rent of Common Right..	1 10 0					By Labour	326 19 1	183 6 0	202 3 8	389 15 11
Roe Fund	6 10 2					Timber	74 12 3	42 0 4	109 2 5
Refunded to Mainte- nance Account on Ac- count of Repairs to Building, &c.	158 19 10		Iron, Lead, &c.....	553 5 0	226 19 11	78 13 10
From County Treasurers for Repairs	811 0 4	674 4 6	617 0 10	837 18 8	937 4 9	Bricks, Slate, Ce- ment, &c.....	31 15 0	37 14 11	75 0 7
Alterations and Im- provements	356 11 11	400 0 0	400 0 0	354 8 8	Glass	5 2 0
Cottage Rents	52 0 0					Paints	141 12 6	85 8 4	46 19 10
Rent Charges	171 3 7					Sundries	46 10 0	10 2 8	183 3 1
Total from County Rate, &c.	1167 12 3	1305 8 3	1017 0 10	995 18 6	1291 13 5	Insurance and Taxes.	46 5 0	37 6 6	26 12 1	49 7 1
Total	15865 16 8½	15818 13 3	14006 7 9	15778 15 0	12448 13 5	18311 4 8	Carting	6 19 3
							Repairs to Building, Furnishing, &c....	811 0 4	837 18 8
							Total	811 0 4	1227 18 1	622 18 8	228 15 9	837 18 8	937 4 9
							Improvements	356 11 11	365 19 10	398 8 7	354 8 8
							Superannuation	64 7 0
							Building Account	100 0 0
							Roe Fund	12 19 10
							Maintenance of Crimi- nals
							Lunatics	252 12 0
							Total from County Rate, &c.	1167 12 3	1959 9 9	1085 14 3	228 15 9	837 18 8	1291 13 5
							Total from Weekly and County Rate, &c. ...	13803 16 6½	15710 15 0	11730 1 11	13565 8 0	10811 3 5	14526 13 5
							Balance	2062 0 2	107 18 3	2276 5 10	2213 7 0	1637 10 0	3784 11 3
							Total	15865 16 8½	15818 13 3	14006 7 9	15778 15 0	12448 13 5	18311 4 8

AVERAGE WEEKLY COST FOR EACH PATIENT.

	ESSEX.	THREE COUNTIES.	NORTH AND EAST RIDING, YORK.	LITTLE-MORE.	WORCES-TER.	SUSSEX.
	s. d.	s. d.	s. d.	s. d.	s. d.	s. d.
Provisions	5 4½	5 7	4 5½	5 1½	4 7½	5 2½
House and other Expenses.....	1 10½	1 7½	1 6	1 9½	1 7½	2 0½
Clothing	0 5	0 8½	0 4	0 9½	0 8	0 10
Salaries	2 1½	2 0	1 8½	1 8½	1 9½	2 1½
Medicine, Wine and Spirits	0 1½	0 1½	0 2½	0 1	0 4	0 2½
Incidental	0 0½	0 0½	0 1	0 11	0 0½	0 1
Total	10 0	19 1½	8 3½	10 5	9 1½	10 6½
Less Farm and Garden Produce	0 3½	1 3½	0 11	0 2½	0 4½	0 4½
Net Cost	9 8½	8 9½	7 4½	10 2½	8 8½	10 2
Average Number Resident during the Year	483	476	491	490	417	481



TABLE VIII. *e.**Shewing the Laundry Work for the Year 1863.*

NAME OF ARTICLES.	Number of Articles.	
	Males.	Females.
Sheets	17545	25593
Pillow Cases	13722	14445
Do. Desk	321
Bolster Cases	6	47
Blankets	775	354
Counterpanes	719	1507
Shirts	23891
Shifts	27522
Flannel do.	1636
Gowns (Print, Winsey, and Strong)	7250
Stockings (Woollen and Cotton)	12523	21096
Flannel Jackets	1149
Drawers (Cotton and Flannel)	861	125
Day Caps	1039	6072
Nightcaps	3499
Bedgowns	8906
Under Petticoats	3152
Upper do.	2415
Aprons (Check and Coarse)	926	21435
Neckerchiefs	10133	5491
Pocket Handkerchiefs	3471	2898
Jackets	1151
Waistcoats	946
Trousers	3774
Towels	4939
Do. Bath	8	4682
Do. Round	6763	4843
Water Sheets	817	1220
Strong Rugs	118	143
Shawls	288
Stays	928
Picken Frocks	335
Table Cloths	1618	1740
Tea Cloths	993	1937
Hoods	273
Toilet Covers	5	212
Sundries	406	2925
Mattress Cases	24	69
Men's Round Garden Frocks	1940
Officers	10178	
Servants and Attendants	32852	

TABLE X.

BALANCE STATEMENT for the Year ending December 31st, 1863.

ASSETS.		£	s.	d.	DEBITS.		£	s.	d.
1863.					1863.				
Dec. 31.	To Amounts due for the Maintenance of Patients from Unions contributing	2,999 19 10			Dec. 31.	By Amount due to sundry Tradesmen, on account of Maintenance of Patients	1,681 8 1		
"	" Amounts from do. not contributing	388 3 5			"	" Ditto on Cheques not paid in ..	24 18 5		
"	" Ditto from County Treasurer ..	65 14 2			"	" Amount due to Salaries	202 10 0		
"	" Ditto from Friends of Private Patients	40 1 7			"	" Ditto due to sundry Tradesmen, on account of Repairs, &c. ..	77 15 2		
"	" Ditto from County Treasurer for ordinary Repairs & Improvements	260 13 9			"	" Ditto on Cheques not paid in..	50 6 6		
"	" Ditto for Sale of Stores, &c.	114 2 8			"	" Ditto due to sundry Tradesmen, on Capital account	78 13 9		
"	" Ditto from Capital account	82 11 3					2115 11 11		
"	" Balance of Cash in Banker's hands..	3,486 11 8					5,424 5 10		
"	" Cash in Steward's hands.....	101 19 5					£7,539 17 9		
		£7,539 17 9							

Examined by the Finance Committee, January 30th, 1864.

EDWARD SMITH BIGG, Chairman.

JOHN MANSHIP NORMAN.

(Signed)

S. A. MORTLOCK,

Clerk and Steward of the Asylum.

TABLE XI.
INCOME and EXPENDITURE in the Year ending December 31st, 1863.

[illegible]

Examined by the Finance Committee, 30th January, 1864.
(Signed.) EDWARD SMITH BIGG, *Chairman.*
JOHN MANSHIP NORMAN.
W. M. HOLLS.

(Signed)
S. A. MORTLOCK,
Clerk and Steward of the Asylum.

***	<i>Average Weekly Cost of Maintenance, &c., for each Patient during the Year, 1863.....</i>	9 9 ³ / ₄
***	<i>Less From Profit</i>	0 3 ³ / ₄

ARTICLES.	QUARTER ENDING											
	March.			June.			September.			December.		
	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
Ox Beef	0	8	0	0	8	8	0	8	8	0	7	7
Wether Mutton	0	8	0	0	8	8	0	8	8	0	7	7
Legs and Shins	0	3	6	0	3	6	0	3	6	0	3	6
Flour, Households.....	1	16	3	1	16	0	1	15	0	1	11	6
" Seconds	1	14	6	1	13	0	1	12	3	1	8	6
Meal	1	10	0	1	8	0	1	8	0	1	6	0
Malt.....	3	12	0	3	8	0	3	8	0	3	8	0
Hops	7	15	0	5	15	0	5	15	0	5	12	0
Cheese.....	2	18	0	3	2	0	3	2	0	3	0	0
Butter	4	14	0	4	8	0	4	8	0	4	12	0
Bacon	3	4	0	3	10	0	3	10	0	3	6	0
Sugar, Raw.....	2	0	0	1	19	0	1	19	0	1	17	0
" Refined	2	14	0	2	2	0	2	2	0	1	19	0
Treacle	0	19	6	1	2	0	1	2	0	1	0	0
Soap, Yellow	1	14	0	1	14	0	1	14	0	1	14	0
" Soft	0	16	6	0	19	6	0	19	6	0	19	6
Coals, Wallsend	1	3	6	1	3	6	1	3	0	1	3	0
" Nixon's	1	4	6	1	4	6	1	4	0	1	4	0
Coke	0	16	0	0	16	0	0	14	0	0	14	0

TABLE XIII.

Account of Provisions consumed in the Year 1863.

Number of Officers and Servants	52
Ditto Male Patients	220
Ditto Female Patients	243
Total Number	515

Meat—Bacon	1,311 $\frac{3}{4}$ Pounds.
„ Beef and Mutton	63,234 „
„ Pork	10,184 $\frac{1}{4}$ „
Beer, Porter, and Ale	25,782 Gallons.
Bread	200,326 Pounds.
Butter	7,412 $\frac{1}{8}$ „
Cheese	8,359 „
Cocoa	5,751 $\frac{1}{2}$ „
Coffee	2,130 $\frac{11}{16}$ „
Eggs	7,229 Number.
Flour	169,505 Pounds.
Potatoes	1,136 $\frac{3}{4}$ Bushels.
Chicory	210 $\frac{1}{16}$ Pounds.
Sugar	6,298 $\frac{1}{16}$ „
Tea	1,262 $\frac{14}{16}$ „
Treacle	13,826 „
Milk	12,976 $\frac{3}{4}$ Gallons.
Wine	243 $\frac{6}{12}$ Bottles.
Whiskey	84 $\frac{9}{12}$ „
Gin	557 $\frac{2}{12}$ „
Brandy	413 $\frac{2}{12}$ „
Rum	8 $\frac{6}{12}$ „

A Return of the Value of Clothing and

M A T E R I A L .

						£	s.	
247	Yards	Linen Check	at	-/10	per Yard	10	5	1
106 $\frac{1}{2}$	"	Corduroy	"	2/9 $\frac{1}{2}$	"	14	17	
100	"	Flannel	"	1/ $\frac{1}{4}$	"	5	2	
74	"	Drill	"	-/7 $\frac{1}{2}$	"	2	6	
62 $\frac{1}{2}$	"	Blue Army Cloth	"	5/10 $\frac{1}{2}$	"	18	7	
212 $\frac{1}{2}$	"	Brown Linen Check	"	1/4	"	14	3	
293 $\frac{1}{2}$	"	Winsey	"	-/9 $\frac{3}{4}$	"	11	18	
408	"	Coburg	"	1/-	"	20	8	
1458 $\frac{1}{2}$	"	Calico	"	-/9 $\frac{1}{4}$	"	56	4	
373 $\frac{1}{2}$	"	Striped Calico	"	-/10 $\frac{1}{4}$	"	15	9	
218	"	Sheeting	"	1/8	"	18	3	
127	"	Linsey	"	3/7	"	22	15	
135	"	Shrouding Calico	"	-/5 $\frac{3}{4}$	"	3	4	
127	"	38-Inch Tick	"	1/3 $\frac{3}{4}$	"	8	6	
120 $\frac{1}{2}$	"	36 " Forfar	"	-/7 $\frac{1}{2}$	"	3	15	
82	"	36 " Linen Drill	"	1/3 $\frac{3}{4}$	"	5	7	
30 $\frac{3}{4}$	"	Print for Servants' Dresses	"	-/10	"	1	5	
52 $\frac{1}{2}$	"	" " Patients' "	"	-/7 $\frac{1}{4}$	"	1	11	
48 $\frac{1}{2}$	"	Striped Serge	"	1/5	"	3	8	
271	"	Brown Lining	"	-/5 $\frac{3}{4}$	"	6	9	
24	"	Check Muslin	"	-/9 $\frac{1}{2}$	"	0	19	
132 $\frac{1}{2}$	"	Gambroon	"	-/11 $\frac{1}{4}$	"	6	4	
116	"	Slate Lining	"	-/7 $\frac{1}{2}$	"	3	12	
28	"	36-inch Canvas	"	1/4	"	1	17	
35 $\frac{1}{2}$	"	30-inch "	"	1/2 $\frac{1}{2}$	"	2	2	
96	Number	Neckerchiefs (Men's, whole)	"	-/5 $\frac{1}{2}$	each.	2	4	
72	"	" " (Women's, whole)	"	-/5	"	1	10	

Bedding in Store, December 31st., 1863.

MANUFACTURED ARTICLES.

			£	s.	d.
51	Counterpanes	at 7/10 each....	19	19	6
285	Blankets	" 8/- "	114	0	0
181	Sheets (Linen)	" 5/- "	45	5	0
353	Pillow Cases (do.)	" 1/1 "	19	2	5
140	Round Towels	" 1/1 "	7	11	8
24	Bath do.	" -/11 "	1	2	0
18	Macintosh Sheets (Men's)	" 8/4 "	7	10	0
02	Jackets	" 10/6 "	53	11	0
18	Waistcoats	" 3/4 "	19	13	4
01	Trowsers	" 6/- "	60	6	0
25	Flannel Jackets	" 2/2 "	2	14	2
63	" Drawers	" 3/2 "	9	19	6
42	Cotton do.	" 1/8 "	20	3	4
28	Shirts	" 3/7 "	5	0	4
45	Pairs Stockings (Men's)	" -/9½ per pair..	5	14	9½
36	" Leather Boots .. (")	" 7/- "	11	18	0
15	" " Shoes .. (")	" 5/6 "	9	18	0
8	" " Slippers .. (")	" 1/9 "	1	6	3
29	" Cloth Boots (")	" 4/6 "	1	16	0
55	Caps	" -/6 each ...	0	14	6
67	Pocket Handkerchiefs (")	" -/4 "	2	11	8
43	Neck do. (Men's half)	" -/2¾ "	3	1	2
8	Working Frocks	" 2/1 "	4	9	7
5	Macintosh Sheets (Women's)	" 3/4 "	1	6	8
5	Gowns, Print	" 5/7 "	12	11	3
5	Upper Petticoats	" 5/5 "	47	7	11
8	Under do.	" 3/7 "	17	0	5
9	Shifts	" 2/5 "	50	8	2
7	Pairs Stockings (Women's)	" -/11½ per pair	14	6	6½
1	" Leather Boots (")	" 5/- "	6	15	0
3	" " Shoes (")	" 3/6 "	1	18	6
7	" Cloth Boots (")	" 4/- "	0	12	0
14	Aprons	" -/10 each....	15	5	10
3	Women's Shawls (Large)	" 4/11 "	5	18	0
12	Bedgowns	" 2/10 "	26	7	0
3	Pairs Stays	" 1/4 per pair..	3	9	4
10	Bonnets	" 1/1 each ...	3	8	3
14	Day Caps	" -/2½ "	3	6	5½
10	Night do.	" -/2¼ "	1	3	3
10	Check Pinafores	" 1/3 "	8	16	3
10	Coarse Aprons	" 1/- "	0	14	0
10	Pocket Handkerchiefs (Women's half)	" -/2½ "	2	19	2
10	Neck do. (")	" -/2¼ "	4	9	7½
10	Hoods	" -/9 "	3	14	3
			£	659	5 1

TABLE XIV.

*Return of Bedding and Clothing issued from the Stores,
for the Year ending December 31st, 1863.*

Articles.	Males.	Females.
Blankets.....	55	26
Boys.....	13	3
Boys.....	33	28
Blank Cases.....	48	32
Buttons (round).....	54	55
„ (hand).....	—	86
Blanketing Sheets.....	55	32
Blank Cloths.....	47	85
Blankets.....	—	309
Blankets.....	204	—
Blankets.....	235	—
Blankets.....	169	—
Blank Petticoats.....	—	116
Blank ditto.....	—	94
Blank Jackets.....	35	—
Blank Drawers.....	27	—
Blankets.....	—	515
Blankets.....	575	—
Blankings, Pairs.....	260	398
Blank Boots.....	70	115
Blank Shoes.....	130	4
Blank Slippers.....	25	4
Blank Boots.....	13	55
Blankets.....	—	335
Blankets.....	—	50
Blankets.....	—	9
Blank Gowns.....	—	68
Blank Caps.....	262	—
Blankets.....	—	119
Blankets.....	—	117
Blank Caps.....	—	99
Blank „.....	—	134
Blankkerchiefs, Pocket.....	574	351
„ „ Neck.....	436	213
Blank Frocks.....	—	—
„ Drawers.....	—	—
Blank Frocks.....	179	—

TABLE XVI.

THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£550	{	Furnished Apartments, Coal Gas, Vegetables, and Washing
Chaplain	200		
Clerk to Visitors.....	60		
Assistant Medical Officer	100	{	Furnished Apartments, Board Lodging, and Attendance.
Clerk and Steward.....	100		ditto.
Housekeeper	50		ditto.
Head Attendant (Male Department)	50		ditto.
Ditto (Female ditto)	40		ditto.

ATTENDANTS AND SERVANTS.

Superintendent's Clerk	£31	0	0	Board, Lodging, and Washing
3 Male Attendants	33	0	0	ditto.
4 Ditto	31	0	0	ditto.
2 Ditto	30	0	0	ditto.
3 Ditto	25	0	0	ditto.
3 Ditto	24	0	0	ditto.
1 Ditto	18	0	0	ditto.
1 Ditto	16	0	0	ditto.
House Porter	31	0	0	ditto.
1 Female Attendant	24	0	0	ditto.
1 Ditto	22	0	0	ditto.
5 Ditto	20	0	0	ditto.
7 Ditto	18	0	0	ditto.
2 Ditto	17	0	0	ditto.
1 Ditto	15	0	0	ditto.
3 Laundry Attendants	15	0	0	ditto.
Head Laundry Maid	20	0	0	ditto.
1 Laundry Maid	15	0	0	ditto.
Cook	20	0	0	ditto.
Dairy Maid	15	0	0	ditto.
Kitchen Maid	12	0	0	ditto.
2 House Maids.....	12	0	0	ditto.
Engineer	1	15	0	per Week; House, Coals, & Gr
Bailiff	1	1	0	„ } House, Coals, Veg
Gardener	0	17	0	„ } tables, and Milk-
Farm Attendant	25	0	0	per Year; Board, Lodging, and
Tailor.....	1	3	0	per Week. [Washing
Shoemaker	1	3	0	„
Mat Maker, &c.	1	3	0	„
Baker.....	1	5	0	„
Brewer and Store Porter ..	1	5	0	„
Carpenter	1	10	0	„
Bricklayer	1	5	0	„
Painter and Glazier	1	5	0	„
Blacksmith	1	5	0	„
Stoker	1	1	0	„
Ditto	0	18	0	„
Cow Man	0	17	0	„
Cow Boy	0	8	0	„
Carter	0	16	0	„
Carter's Boy	0	8	0	„

1st January, 1864.

TABLE X

	BREAKFAST, At 8.0 A.M.								
	Males.		Females.		Males.				
	Bread.	Cocoa.	Bread.	Cocoa.	Bread.	Beer.	Uncooked Meat.	Pie Crust.	Mutton Broth.
	oz.	pt.	oz.	pt.	oz.	pt.	oz.	oz.	pt.
Sunday	6	1	5	1	6	$\frac{1}{2}$	6
Monday	6	1	5	1	6	$\frac{1}{2}$	4	..	1
Tuesday	6	1	5	1	6	$\frac{1}{2}$	2	6	..
Wednesday ..	6	1	5	1	6	$\frac{1}{2}$	8
Thursday	6	1	5	1	6	$\frac{1}{2}$	4	..	1
Friday	6	1	5	1	6	$\frac{1}{2}$	8
Saturday	6	1	5	1	6	$\frac{1}{2}$	4	..	1
Weekly Total	42	7	35	7	42	$3\frac{1}{2}$	36	6	3

D

	Male Patients.	Female Patients.
Sunday	Bacon and Greens.	Boiled Pork.
Monday	Mutton Broth.	Meat Pudding or Irish (alternate).
Tuesday	Meat Pie.	Meat Pie.
Wednesday	Roast Beef or Pickled Pork.	Roast Beef or 7 oz. I (alternate).

Extra Diet for Sick.—Mince Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Port Wine.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2 oz. Bread, 1 oz. Cheese, as given as indulgences.

Attendants' and Servants' Diet.—Men, 1 lb. Uncooked Meat; Women, $\frac{5}{8}$ lb. $\frac{1}{2}$ lb. Butter, 1 lb. Cheese, weekly.

Cocoa for One Hundred Patients.— $3\frac{1}{2}$ lb. Cocoa, $6\frac{1}{2}$ lb. Treacle, 3 Gallons
Coffee Ditto $1\frac{1}{2}$ lb. Coffee, $\frac{1}{2}$ lb. Chicory, 4 lb. Sugar
Tea Ditto 1 lb. Tea, 4 lb. Sugar, and 2 Gallons
Mutton Broth Ditto { The Liquor of the Cooked Meat, Leek, Onion, Artichokes, or other
Meat Pie Ditto Dripping Crust, 31 lb. Flour, 50 lb. Potatoes
Meat Pudding Ditto 25 lb. Meat, 30 lb. Flour—Boiled.

DIET SCALE.

DINNER, At 1.0 P.M.								SUPPER, At 6.0 P.M.					
Females.								Males.			Females.		
Beer.	Uncooked Meat.	Pudding Crust.	Pie Crust.	Plum Pudding.	Mutton Broth.	Vegetables.		Sweet Cake or		Coffee.	Sweet Cake or		Tea.
								Bread.	Butter		Bread.	Butter	
pt.	oz.	oz.	oz.	oz.	pt.	oz.		oz.	oz.	pt.	oz.	oz.	pt.
$\frac{1}{2}$	6	8		6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
$\frac{1}{2}$	4	4	8		6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
$\frac{1}{2}$	2	..	4	6		6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
$\frac{1}{2}$	6	8		6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
$\frac{1}{2}$	12		6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
$\frac{1}{2}$	6	8		6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
$\frac{1}{2}$	4	1	8		6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1
$3\frac{1}{2}$	28	4	4	12	1	46		42	$3\frac{1}{2}$	7	35	$3\frac{1}{2}$	7

ER.

	Male Patients.	Female Patients.
Thursday	Mutton Broth.	Plum Pudding.
Friday	Roast Beef or Pork.	Roast Beef or Pork.
Saturday	Mutton Broth.	Mutton Broth, or 12 oz. Rice and 4 oz. Dumpling or Rhubarb (alternate).
Bread, Beer, and Vegetables daily.		

both, Beef Tea, Essence of Beef, Milk, Arrow Root, Rice Pudding, Batter Pudding, Brandy, Gin, Whiskey, Rum, Lemonade, Soda Water.

and $\frac{1}{2}$ Pint Beer at 4 P.M., the Laundry Patients $\frac{1}{2}$ Pint Tea. Tobacco and Snuff

Vegetables, 1 lb. Bread, 2 Pints Beer, daily. 2 oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

more, if the Dairy yield it.

is Milk.

25 lb. Meat, 3 lb. Scotch Barley, 6 lb. Rice, 50 lb. Turnips, Cabbage, Parsnip, Herbs, Salt and Pepper.

lb. Meat.

(Signed) C. L. ROBERTSON, M.D., CANTAB.,
Medical Superintendent.

THE CHAPLAIN'S FIFTH ANNUAL REPORT.

submitting his Fifth Report to the Committee of Visitors, Fifth Annual
Report.
 the Chaplain thinks it convenient to refer to the various matters
 connected with his office, under separate headings, as in former
 reports, notwithstanding the appearance of sameness which
 this method may impart to his annual remarks.

The *Sunday Services* continue to be conducted at the usual Chapel Services
 services, and call for no special notice. The congregations are
 orderly, and, as far as could be expected, attentive. Owing to
 temporary disuse of the Harmonium, the Choir has been
 at disadvantage: the Singing, however, has been earnest
 and devotional. The average Sunday attendance of the Patients
 assigned to the Chaplain, has been—Males 174, Females, 183;
 total 357; the mean population resident being 235 Males,
 154 Females; 491 total.

The numbers at *Holy Communion* (celebrated monthly) are
 as satisfactory as could be desired; they have, however,
 greatly increased. The *Festival, Daily Morning*, and *Household*
Services, are conducted as usual. The introduction of Chants
 and Hymns, if practicable, would render the *Daily Morning*
Service more hearty and cheerful. The average at *Daily Prayer*
 is—Males 104, Females 114; total 218.

Funerals.

The number of Funerals, including that of a little child of the Under Bailiff, has been, up to the present date, 30. The Chaplain is in the habit of speaking a few consolatory words to the mourners after the Service, and of occasionally giving them a Tract suitable to the occasion.

Chaplain's Visits.

The Wards and Infirmarys have been frequently visited.

Classes.

The Evening Male, and Afternoon Female Classes, are in full operation. After the Writing lesson (in which several Patients have made useful progress), the Members of the Class usually read out loud from an entertaining Monthly serial,—“Pleasant Hours.” Males 24, Females 20.

A *Bible Class*, for Female Patients, who read in turns, assembles on Tuesday afternoons.

Mr. Alfred White's *Singing Class* meets on Thursdays. A considerable number of the Household, besides many Patients, have the advantage of his instructions. Anthems, Glees, &c., are practised. The Choir assembles, as usual, for practice on Saturday afternoons. The Chaplain would be prepared to assist at Classes formed from the Attendants or Servants, for purposes of self-improvement. Former experiments, however, in this direction, have not been encouraging.

Library.

The Library, which is about to be removed from the Chaplain's to the Class Room, has recently been replenished by many New Books from Mudies' Surplus Stock.

Missionary Meetings.

Quarterly Missionary Meetings continue to be held. In the Spring, the Rev. J. H. Hodges, Travelling Secretary of the

P.G.; and in the Autumn, the Rev. A. Garfit, M.A., Senior Curate of Richmond, gave interesting Addresses.

On the Prince of Wales' Wedding-Day, a Service, with ^{Prince's} appropriate Sermon, was held at 10.30 a.m. ^{Wedding-Day-}

On St. James' Day (the Commemoration Day of the Opening ^{Commemoration-} of the Building), Morning Service was celebrated at 11 a.m. Prayers were read by the Chaplain; the Rev. R. E. Wyatt, of Hayward's Heath, and the Rev. Cosby White, of St. Barnabas, London, read the Lessons. The Sermon was preached by Rev. A. Fitzhugh, M.A., Rector of Street. The Choir was led by Mr. Alfred White, of Brighton.

It not unfrequently happens that the Chaplain receives letters ^{Correspondence} in inquiry from Relations or Friends of the Patients relative to ^{with Friends.} their condition, and he is disposed to believe that comfort or dissatisfaction has, in many cases, been derived from the replies that have been returned.

An "Address to the Attendants of a Lunatic Asylum," and a Short Form of Prayer for their use, have been drawn up by the Chaplain for distribution.

The Chaplain has no further remarks to make on the subject of the duties entrusted to him by the Committee of Visitors.

(Signed) HENRY HAWKINS, M.A., OXON.,
Chaplain.

HAYWARD'S HEATH,
19th December, 1863.

THE REPORT OF THE COMMISSIONERS IN LUNACY.

SUSSEX LUNATIC ASYLUM,
2nd May, 1863.

TO-DAY and yesterday we have visited this Asylum, and found everything in excellent order. Manifest improvements have been effected since the last visit, and others are now in progress.

In the Asylum to-day there are 491 Patients: on the Men's side, 242; and on the Women's, 249. To these are to be added 2 Women absent on trial, and 9 of the more quiet and convalescent boarded out in the neighbouring cottages of three of the married Attendants. This latter plan has been found to work so well, that we strongly recommend its extension.

These numbers show an excess over those for which accommodation was originally provided, of 17 in the Male Division, and 35 in the Female Division. But notwithstanding inconveniences attending such excess, and the necessary crowding of some of the Dormitories, we have to repeat, the inmates of both Divisions are in a very satisfactory state. With the exception of one Patient in No. 6 Female Airing Court, all were quiet, free

from excitement, orderly, and well conducted. Their personal condition also, was upon the whole very good. All are bathed, and their body linen changed, twice a week.

In the Wards of both Divisions appropriated to the more helpless and troublesome Patients, some special improvements have been made since the last Visit. There has been additions of domestic furniture, curtains and blinds are put up, canaries, and wire baskets of flowers have been introduced; and a beginning has been made towards planting of the Airing Courts, with the result which invariably attends such considerate and judicious provisions.

The Patients are more quiet; and so careful of the little inexpensive ornaments in their Wards, that since they were introduced not one has been damaged or broken.

We have pleasure in noticing generally, that almost every suggestion made at the last Visit has received more or less attention. Additions of easy chairs, small tables, table covers, flower baskets, and singing birds for all the Galleries and Day-rooms, and of roller window-blinds for all the Dormitories, have been, or shortly will be, provided throughout both Divisions. Some few more Single Rooms, as well as Dormitories, have been supplied with means of washing, and with seats (serving also as boxes for clothes); and though greatly more in this respect remains to be done, we find that this has led to some small increase among those of the Epileptic and Demented (very numerous in this Asylum) who are able to wash and help themselves. We trust that careful and continued attention will be given to the improvement of the indolent and listless habits of this Class. The prevention of their dirty habits by means of the

Night Watch is very marked and satisfactory. Out of 100 such Patients, the return of the Wet Cases in the Female Division showed five last night, and five the night before; and in the Male Division, none last night, and only two the night preceding. There were no Dirty Beds either night.

The enlargement and lowering of the Boundary Wall of Airing Court No. 6 on the Men's Side, recommended in the last Entry, has been since effected; and in the opinion of all the Officers of the Asylum, has not only been greatly appreciated by the Patients using the Court, who are of the most troublesome class, but has already, in a marked degree, contributed to their improvement. Attempts at planting have here been begun also; but we cannot say much for the quality or appearance of the Shrubs and Trees selected. A more liberal supply is desirable; and Evergreens, more particularly, should be planted. We recommend this especially also in the ground laid out for the Cemetery, in which during the past year 26 burials took place; but which at present, bare and repelling in aspect, seems to us to stand greatly in need of planting and ornamenting.

Other structural suggestions, made or repeated at the last visit, such as the raising of the Laundry Roof, are to be carried out in the new works to be immediately begun for provision of additional accommodation: and it is important that a better Wash-house should at the same time be built; many disadvantages and discomforts having resulted from the quite inadequate existing provision in this material point.

Among the matters in progress, should be noticed the painting of all the Dormitories half way up, so as to resemble the Day-rooms and Corridors; the placing of handrails to all the Stair-

cases; the construction of Walks for the Patients in the woods, east and west of the Asylum. Since we were last here also, the South Frontage has been laid down with grass, and enclosed with a wire fence. And the results of the Farm employment of the Inmates have been so satisfactory, that it would be highly desirable to give further extension to them by purchase or lease of some of the adjoining land, if obtainable at a moderate price.

In the Female Division, a Sewing Machine, lately purchased, is now used with good effect; and a greater number of the Women appear at present to have means of employing themselves. Additions might still be made in this Division to the in-door amusements of the Patients (the Men continuing to be better supplied in that particular), and we think that Bagatelle Boards should at once be provided.

The Workshops appear to be well managed: 11 Patients being employed as Tailors, of whom only two were originally of that trade, and the same number working as Shoemakers, of whom, all but three have been taught the business here. So, also with the Basket and Mat makers. By a very judicious arrangement, all the Men so employed In-doors have a weekly half holiday on Saturdays, which is devoted to Out-door exercise and amusements. Generally of the latter, to all the Patients, the supply seems ample and well varied; and the Pic-nics (of which one had taken place two days ago) are so arranged that all the Patients capable of the enjoyment have an opportunity of taking part in them, at least once in every month.

We are glad to report favourably of the Chaplain's continued efforts to interest the Patients by means of Readings, Lectures

and occasional Infirmary Meetings. His Classes in elementary instruction, held twice a week in both Divisions, have constantly increased in number, and are now attended by an average of about 22 of each sex. The usual Chapel Services are given on Sundays and Week Days to upwards of 380 Patients on the former, and nearly 180 on the latter occasions. The returns of employment show that in the Male Division, about 37, and in the Female, 43, are wholly unemployed; and, we trust, that strenuous efforts will be made further to reduce these numbers.

The changes in the Inmates since the last Visit, have comprised 113 Admissions, 42 Discharges, and 46 Deaths. Excepting a case of suicide, and one accidental choking, of which the particulars have been before our Board, these Deaths were from ordinary causes, and show a reduction in the rate since last year. Among those discharged, 30 have recovered, 6 were relieved, and six were transferred. Of the entire number now here, 39 are classed as private patients, of whom the majority are those received from Haslar. There has been no restraint since the date when we were last here, and the cases of delusion have been rare. Under Medical Treatment for bodily disorders, at present there are only 9 Men and 10 Women. The general health is very good.

As the Plans for additional accommodation will be immediately submitted to our Board, we refrain from other remarks on the character of the changes and additions proposed, than that the construction of a new detached residence for the Medical Superintendent has been (in our opinion, wisely) abandoned.

The impressions we have received, from our Visit, of the present condition and management of this Asylum, is extremely

favourable. DR. ROBERTSON'S efforts in his own department appear to have been unremitting, and have been attended by manifest good results; and he is seconded, in all the other departments by able and well selected officers.

(Signed)

JOHN FORSTER,
ROBERT NAIRNE. } *Commissioner
in Lunacy.*